



Saint James AME Church  
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Rev. Ronald L. Slaughter, Senior Pastor

Bible Study Outline

11:00 AM

May 29, 2019

**Subject:** Getting Out of a Rut

**Scriptures:** Ruth 1:6-8

“When Naomi heard in Moab that the LORD had come to the aid of his people by providing food for them, she and her daughters-in-law prepared to return home from there. With her two daughters-in-law, she left the place where she had been living and set out on the road that would take them back to the land of Judah. Then Naomi said to her two daughters-in-law, “Go back, each of you, to your mother’s home. May the LORD show you kindness, as you have shown kindness to your dead husbands and to me. May the LORD grant that each of you will find rest in the home of another husband.” Then she kissed them goodbye and they wept aloud.”

Many of us will face a season of being in a rut. It’s how you handle being in a rut which can change your life. Remember, through Jesus Christ we have the power to overcome any adversities. Hold on, your change is coming.

**Points to Ponder:**

1. Are you in a rut?
2. How do you gain the motivation to get out of the rut?
3. Are you willing to step out of your comfort zone to get out of your rut?

**Bible Study Motto/Creed**

“Bible Readers MAKE Bible Believers. Bible Believers MAKE Strong Christians.  
Strong Christians MAKE a Strong Church. A Strong Church MAKES a better city, state, and world.”