



Saint James AME Church
588 Dr. M. L. King, Jr. Blvd.
Newark, NJ 07102
www.experiencesaintjames.com
Rev. Ronald L. Slaughter, Senior Pastor

Bible Study Outline

11:00 AM

June 12, 2019

Subject: Focus on the prize and let the “it” go!

Scriptures: Philippians 3:13-14

“No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead. I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us”.

Letting go can be one of the hardest things to do. It is so easy to hold on to things that we are familiar with or situations that may have cause us pain, hurt, fear, guilt, anger, regrets and worry. We need to let go of the past. It does not mean that we ignore our experience or pretend that it never happened because; our experience has shaped us into who we are today. It means we will not allow the “it” to control us anymore so we can move forward. Stay focused, keep your eyes on the prize, and **let the “it” go!**

Points to Ponder:

1. What is your “it”?
2. Will you finally let your “it” go?
3. Can you trust God enough to heal you from your “it”?

Bible Study Motto/Creed

“Bible Readers MAKE Bible Believers. Bible Believers MAKE Strong Christians.
Strong Christians MAKE a Strong Church. A Strong Church MAKES a better city, state, and world.”