



Saint James AME Church  
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Ronald L. Slaughter, Senior Pastor

Bible Study Outline

11:00 AM

April 11, 2018

**Subject: "Keys to an Unbreakable Spirit"**

**Introduction:** Life has a way of throwing things at us that have the potential to completely disrupt the positive spirit we initially possessed.

In Psalm 4, David teaches the reader how to handle the various vicissitudes of life. Vicissitude is the "change of circumstances or fortune, typically one that is unwelcomed or unpleasant." The key to an unbreakable spirit is the ability to deal with the unwelcomed and unpleasant moments of life without losing faith, hope, or your peace.

**Scriptures: Psalm 4**

**Points to Ponder: Keys to an unbreakable spirit are to...**

- petition God.
  
  
  
  
  
  
  
  
  
  
- know who you belong to.

- use your time wisely.

- remember that genuine joy comes in more ways than material possessions.

**Notes:** \_\_\_\_\_

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**Bible Study Motto/Creed**

“Bible Readers MAKE Bible Believers. Bible Believers MAKE Strong Christians.  
Strong Christians MAKE a Strong Church. A Strong Church MAKES a better city, state, and world.”