



Saint James AME Church
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Ronald L. Slaughter, Senior Pastor

Bible Study Outline

11:00 AM

June 20, 2018

Subject: "Keys to an Unbreakable Spirit" Part IX

Introduction: Life has a way of throwing things at us that have the potential to completely disrupt the positive spirit we initially possessed.

The Psalmist teaches the reader how to handle the various vicissitudes of life. Vicissitude is the "change of circumstances or fortune, typically one that is unwelcomed or unpleasant." The key to an unbreakable spirit is the ability to deal with the unwelcomed and unpleasant moments of life without losing faith, hope, or your peace.

Scriptures: Psalm 42

Points to Ponder: Keys to an unbreakable spirit are to...

- use your memory until things get better.

- don't allow your brokenness or frustration to prevent you from communicating with God.

