



Saint James AME Church  
588 Dr. M.L. King, Jr. Blvd.  
Newark, NJ 07102-1214  
www.experiencesaintjames.com  
Ronald L. Slaughter, Senior Pastor

Bible Study Outline

11:00 AM

Rev. Pamela Ringold, Facilitator

August 8, 2018

**Subject:** Are you a procrastinator?

**Scripture:** John 13:34-35

"If you are too lazy to plow, don't expect a harvest." (CEV)

Procrastination is a challenge we all have faced at one time or another. Many of us have struggled with delays, avoidance, and procrastinating on issues that matter to us. Procrastination can put you in a mindset of putting off completing things until the last minute or not doing it all. Procrastination can also affect your prayer life and devotional time with God. It can enable you to stay out of touch with the one who loves you. Proverbs 20:4 reminds us that **"if you are too lazy to plow, don't expect a harvest"**. Let us stop putting off the things we ought to be doing. Let us **"seek first the kingdom of God and His righteousness"** and all other things in life will fit in their proper place.

**Questions to Ponder:**

1. Are you a procrastinator?
2. How has procrastination affected your life?

**Notes:** \_\_\_\_\_  
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